

CARSINGTON SAILING CLUB LTD

Club Race Sailing Instructions 2010.

Valid from 31 March 2010.

1 Governing Bodies

- 1.1 All Club Racing, officials and competitors shall be governed by the Rules defined in the Current Racing Rules of Sailing (RRS) including Addendum A (RYA), except as shall be modified by these Sailing Instructions, the Rules of Carsington Sailing Club Ltd, the Rules of the appropriate Classes and the requirements of Severn Trent Water Plc.
- 1.2 Any procedures not covered by these Sailing Instructions will be carried out in accordance with the procedures defined in the current RRS 2009 – 2012 including all changes brought in during that same period.
- 1.3 Any Disputes under the Current Racing Rules of Sailing including Addendum A as modified by these Sailing Instructions shall be settled using the RYA Procedure for Rules Disputes.

2 Entries

2.1 General

The safety of a boat, crew and her entire management including insurance, shall be the sole responsibility of the owner / person in charge, who must ensure that the boat and crew are adequate to face the conditions that may arise during the course of the race. Neither these Sailing Instructions, nor any inspection of the boat limits or reduces the absolute responsibility for any loss, damage, death or personal injury howsoever caused to or by the owner / person in charge or crew, as a result of taking part in a race or races. Moreover, every owner / person in charge warrants the suitability of their boat for the race or races. The boat shall have current 3rd party insurance of not less than £2 million.

2.2 Signing Off

A declaration sheet in the Clubhouse shall only be signed by the person in charge of the boat, if it is necessary to state that the boat was not fairly raced within the Rules, the Current Racing Rules of Sailing (RRS), these Sailing Instructions, or has not completed the set course correctly, or has retired, or is protesting, and / or is requesting redress. This shall be within:- for Cruisers, 90 minutes, for all other boats, 40 minutes, of the last boat's finishing time in the race. Should races be sailed back-to-back, then the time limit shall be from the last boat's finishing time of the last race.

2.3 Valid Race

- (i) The minimum number of starters of each Fleet to constitute a Valid Race shall be 2 (two).
- (ii) A minimum wind strength of 2 knots is required to start a race.

2.4 Measurement / Certificates

A boat may be required to present her valid measurement certificate and / or racing certificate upon request by the Race Committee. Boats may be measured before or after any race at the sole discretion of the Race Committee.

2.5 Distinguishing Numbers

Boats shall display their Class boat number on their sail. In exceptional circumstances the Race Committee may accept written applications to use another distinguishing number on a sail as prescribed in RRS Appendix G. This complies with RRS 77.

2.6 Personal Buoyancy

With the exception of windsurfers, all persons at all times when on the water shall wear correctly adjusted and properly secured adequate personal buoyancy. Wet and / or dry suits alone are not regarded as adequate personal buoyancy. If worn, Auto-inflation lifejackets must be on the outside of all clothing. This modifies RRS 40.

2.7 Protective Clothing

Protective clothing shall be worn in accordance with Club Rule 7.4.

2.8 Radio Communication

A boat shall neither make nor receive radio communications whilst racing except in matters of safety on the water. This restriction also applies to mobile phones etc.

3 Notices to Competitors

3.1 Notices to competitors will be posted on the official Race Notice Board located in the Clubhouse.

4 Signals Made Ashore

- 4.1 These will be displayed on the Clubhouse flagpole that is situated at the South West corner of the front patio area of the Clubhouse.
- 4.2 I C Flag “AP” (Answering Pennant) displayed with 2 sound signals means “the current race is postponed” to be sailed later. The first warning signal for the start of the race will be made not less than 20 minutes after the I C Flag “AP” is removed, (1 sound signal).

5 Temporary Changes to Sailing Instructions



5.1 Any temporary changes to these Sailing Instructions will be posted on the official Race Notice Board 45 minutes before the designated starting time of the race or races concerned. I C Flag “L” will be displayed on the Club flagpole.

6 Schedule of Races

6.1 The Schedule and Starting Times of Races will be as published in the Club Racing Calendar. This modifies RRS A1.

7 Start Flags and Starting Order of Fleets

- 7.1 Dinghy & Catamaran Sunday and Wednesday Series will use the following sequence: Red – Fast Handicap; Pale Blue – Catamaran ; Yellow – Medium Handicap; Green – Slow Handicap and Youth Fleet(see 7.5).
- 7.2 Cruiser Saturday Series & Dinghy and Catamaran Saturday VSSR Series Cruisers – White; VSSR – Green (see 7.5).
- 7.3 Regatta Events, Club Championships & Saturday Afternoon General Handicap Series. Flags to be used and start sequence will be as 7.1.
- 7.4 Fleet breakdown based on PY will be as Addendum A to these SI’s.
- 7.5 Start Flags and Starting Order of Fleets.

	Start Sequence	Prep	1st	2nd	3rd	4 th	5 th
	Series/Regatta/Club Championship		F	C	M	SJ	K
	Cruiser/Saturday Racing		K	SJ			

NOTE: - 5th Start for Regatta’s only

8 Course Safety Instructions

- 8.1 The Course area shall be all of the Sailing area of the reservoir except for the ‘out of bounds’ areas that are marked by either orange, or, white buoys.
- 8.2 The ‘out of bounds’ areas are at the Northern, Eastern (Diving Area) and Southern (adjacent to the tower) ends of the lake and it shall be prohibited to sail in these areas at all times.
- 8.3 Extra care should be taken in multi-user areas shared with Carsington Water Sports Centre. Craft from the Centre may be crewed by persons with no knowledge of collision and avoidance rules. Boats shall keep clear of these craft at all times. These craft shall be designated “an obstruction” as defined in RRS definitions.

- 8.4 When I C Flag “A” is displayed on the orange buoys marking the diving area, this indicates that divers are active. Please keep clear.
- 8.5 No spinnaker shall be flown in the “Bay Area”.
When I C Flag “E” is displayed on the Clubhouse flagpole, this Sailing Instruction is overruled.

9 The Course

- 9.1 The course to be sailed will be indicated by numbers / letters corresponding to the racing marks – all marks are designated as rounding marks.
- 9.2 The order and side of which marks are to be left, will be shown on the Committee Boat or Race Control Box as numbers / letters on a red background (to signify rounding the mark to Port) and numbers/letters on a green background (to signify rounding the mark to Starboard).
- 9.3 If a gate is used in the course, this will be indicated by the letter G and all boats shall pass through it on each lap of the Course.
- 9.4 All courses started from the Race Control Box will use a start/finish/gate mark.
- 9.5 Any map of the Course indicated on the official Race Notice Board is for information only and does not have any status within these Rules. Actual Courses to be sailed are as shown on the Committee Boat / Race Control Box Course Board.
- 9.6 For a Committee Boat Start
Courses set will be either windward/leeward or round the cans- subject to wind direction and strength and will be up to the sole discretion of the Race Officer on the day.
When a windward/leeward course is set – an ‘Off Set Mark’ will always be used in conjunction with the windward mark.

10 Marks

- | | |
|---|---|
| 10.1 Marks fixed | Orange Buoys Numbered 0 – 9 inclusive |
| Marks moveable | Orange “Dan Buoy” displaying an X or Y flag |
| Inner Limit Marks (if laid) | Orange “Dan Buoy” displaying a Green flag |
| Outer Distance / Start / Finish / Gate Mark | Orange “Dan Buoy” displaying a Red Flag |
| Off Set Mark | Orange “Dan Buoy” displaying a Yellow Flag. |

11 The Start

- 11.1 An Orange Flag displayed on a mast on either the Committee Boat or the Race Control Box signifies that the Race Officer is in position at the Start Line.
- 11.2 Racing signals will be made at 2-minute intervals (timing is 4, 2, Go). This modifies RRS 26.
- | | |
|-----------------------------|--|
| Warning signal (4 mins) | Fleet flag displayed, 1 sound signal |
| Preparatory signal (2 mins) | Flag “P” displayed, 1 sound signal |
| Starting Signal (0 mins) | Flags removed, 1 sound signal
(except as in Sailing Instruction 11.3) |
- 11.3 I C Flag “P” will be left displayed until the last Fleet starts. The warning signal for each succeeding Fleet will be displayed at the same time as the preparatory signal of the preceding Fleet, (except as in Sailing Instruction 11.8). This modifies RRS 26.
- 11.4 The Starting Line will be:--
For Committee Boat Start
between a mast displaying an Orange Flag on the Committee Boat and an Outer Distance Mark (start) (as defined in Sailing Instruction 10). An Inner Limit Mark may also be used.
When a Committee Boat start is used consideration should also be given to having the start line set below the leeward mark – this particularly applies when the Race Officer proposes to set a windward/leeward course.
For Race Control Box Start
between an Orange Mast in front of the Race Control Box and an Outer Distance Mark (start) (as defined in Sailing Instruction 10). An Inner Limit Mark may also be used.
- 11.5 Limit Marks
If Inner Limit Marks are used (as defined in Sailing Instruction 10), these are designated as **part of the associated starting marks and are marks of the course**. Boats shall not sail or

manoeuvre in the area between an Inner Limit Mark and the Committee Boat or Race Control Box after the first warning signal of the starting sequence.

- 11.6 Boats whose preparatory signal has not been made shall not interfere with boats that have started or are preparing to start.
- 11.7 The Start Gate will be closed 4 minutes after the last Start in the sequence, including General Recalls if any, and will be signalled by removing the Orange Flag (No sound signal). No boat shall start later than 4 minutes after the last start in the sequence.
- 11.8 When a General Recall is signalled for a Fleet, that Fleet's new Preparatory Signal will be at the same time as the starting signal of the last Fleet in the sequence, and the Fleet flag will be displayed. In the case of multiple recalls, the offending Fleets will start in the normal starting sequence timing (4, 2, GO), after the last Fleet start in the original sequence and after any successive Recall starts.
The IC Flag "First Substitute" will be removed 1 minute after the start time of the offending fleet.
This modifies RRS 29.2.
- 11.9 There will be NO change of course after the start. This modifies RRS 33.

12. The Finish.

- 12.1 The Finish Line will be defined by:--
For a Committee Boat Finish:
between a mast displaying a Blue Flag on the Committee Boat and the Outer Finish Mark (as defined in Sailing Instruction 10).
For a Race Control Box Finish:
between an Orange Mast on the Race Control Box and the Start / Gate / Mark as the Outer Finish Mark (as defined in Sailing Instruction 10).
- 12.2 The "About to Finish Signal" will be the same blue flag as referred to in SI 12.1 associated with 2 sound signals.
***This will be applied on a per fleet basis and boats will only finish when their appropriate fleet flag is also displayed - all boats within that fleet passing through the Gate/Finish Line after this signal (irrespective of the number of laps completed) will be Finished.
This modifies RRS "Race Signals".
- 12.3 All boats having finished shall keep clear of boats still racing.
- 12.4 The Race duration from the first (non-recalled) start will be approximately 60 minutes (at the Race Officer's discretion).

13 Time Limit

- 13.1 The Time Limit of the Race will be 90 minutes for all Fleets. When the leading boat of each Fleet finishes within the Time Limit, the race will be valid for those boats finishing within 30 minutes of the finishing time of the first boat in each Fleet or within the Time Limit, whichever is the later. Other boats will be scored "Did Not Finish" (DNF). This modifies RRS 35.

14 Advisory Hearing/ Arbitration/Protests / Redress

- 14.1 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures are available prior to lodging a formal Protest required for an Arbitration Hearing or a Protest Hearing. See Official Notice Board for details. Requests for an Advisory Hearing shall be orally to the Race Officer within 60 minutes of the time of the last boat to finish in the Race. If races are sailed back to back, then the time limit commences from the time of the last boat to finish in the last Race.
- 14.2 Requests for Arbitration/ Protests and / or Requests for Redress shall be in writing and delivered to the Club Office within 60 minutes of the time of the last boat to finish in the Race. If races are sailed back to back, then the time limit commences from the time of the last boat to finish in the last Race.
- 14.3 Notices will be posted on the official Race Notice Board specifying the time and place of the hearing/s.

- 14.4 Informing the Protestee of the intention to Protest – in general RRS 61.1a shall apply, except that there is no requirement of any boat, irrespective of hull length, to display a protest flag.
- 14.5 As provided in RRS 67, the Protest Committee may, without a hearing, penalize a boat that has broken RRS 42.

15 Scoring

15.1 The Low Point Scoring System will apply – RRS A4.1.

15.2 Scoring and Abbreviations

DNC = DNS = Race Series Entry +2	(Did not compete / start)
RTD = DNF = Race Entry +1	(Retired / did not finish)
OCS = Race Entry +2	(On course side at start)
ZFP = Finishing position plus 20% of Race Entry (refer RRS 44.3 (c))	(Scoring Penalty Accepted)
BFD Race Entry + 10	(Disqualification under rule 30.3)
RAF = Race Entry +5	(Retired after finishing)
DSQ = DNE = Race Entry +10	(Disqualified)
DSQ(A) = Race Entry + 20% of Race Entry	(Disqualified via Advisory Hearing)

(Other Penalties, as the Protest Committee decide)

This modifies RRS Appendix A – Scoring.

15.3 The number of Races sailed by each boat to qualify for a series shall be:

“one third the number of valid Races sailed plus one”.

15.4 Members cannot qualify in more than one boat of the same class in the same fleet in the same race series.

15.5 Handicap Races will be decided by the “Time and Distance Scheme”, and by the “Basic Average Lap Time Method”.

15.6 Any boat wishing to claim a modified P Y for whatever reason, must notify the Sailing Secretary in writing, for authorisation before each series starts, and maintain that configuration for the whole of that series. Any unauthorised change shall be considered a breach of RRS 69. The Sailing Committees decision will be final in re-allocating modified P Y's.

15.7 Average Points will be awarded for the same day's Races as the Safety / Race Officer / Time Keeper duties are undertaken. Average points (equal to the average points for all valid races entered by the duty person in that series), will only be awarded for valid races recorded for the fleet concerned on the day and for a maximum of two days in that series.

N.B. Duty officers wishing to claim Average Points must record their names and boat number on the race result data sheets.

15.8 Series Ties.

RRS A8.1 A8.2 shall apply.

16 Prizes

16.1 Prizes will be awarded at the discretion of the Sailing Committee.

17 Permanent Changes to Sailing Instructions

17.1 Any proposed permanent changes to these Sailing Instructions, shall be submitted in writing to the Sailing Committee for approval. Any permanent changes to these Sailing Instructions will be posted on the official Race Notice Board 14 days prior to the change taking effect.

© Carsington Sailing Club Ltd 2010.

Appendix A.

HANDICAP FLEETS 2010								
SLOW HANDICAP		MEDIUM HANDICAP		FAST HANDICAP		CATAMARANS		
1386-1078 inc + Laser 1 & Supernova		1098-1000 INCLUSIVE		999 or less		All Handicaps	CHRS	PY
Mirror	1385	National 12	1089	Merlin Rocket	1006	Sprint 15 Uni	1.320	916
Topper	1295	Laser 2000	1090	Contender	993	Sprint 15 Sprint	1.270	883
Pico (1 sail)	1260	405	1089	International Moth	980	Dart 16	1.263	866
Miracle	1185	420	1087	Fireball	982	Hobie 15	1.266	865
Comet Duo	1175	Comet Trio	1085	470	973	Catapult	1.235	860
Laser 4.7	1175	Laser Stratos	1087	Laser Vortex	960	Dart 16 Spin	1.233	850
Comet	1177	Lark	1073	RS 400	950	Sprint DX	1.230	844
Graduate	1165	Albacore	1065	Tempest	942	Dart 18 Cat boat	1.186	814
Byte	1165	RS 200	1057	Osprey	940	Dart 18	1.181	798
Solo	1155	Scorpion	1055	Spice	930	Dart 18 Spin	1.157	794
Byte C11	1140	Phantom	1035	Vortex Assy	937	Hobie 16 (no spin)	1.146	802
Wanderer	1139	Laser 2	1035	Javelin	926	Dart 16 Sprint (sprint SH)	1.127	773
GP 14	1127	RS Vareo	1038	29er	924	Nacra Inter 17	1.125	772
Enterprise	1116	Laser 3000	1032	RS 600	920	Hobie 16 Spin	1.113	764
Laser Radial	1104	V3000	1032	Laser 4000	908	Stealth	1.075	737
Wayfarer	1101		1025	International Canoe	905	Nacra Inter 17 (spin)	1.073	736
Laser 1	1080	Flying Fifteen	1039	RS K6	903	Shadow	1.069	733
Supernova	1063		1051	505	902	Spitfire	1.035	710
Europe	1140			Musto Skiff	875	Hurricane 5.9	1.009	681
		Laser EPS	1020	IC Canoe(w/spin)	870	Formula 16	1.008	691
		Buzz	1002	RS 700	857	Hurricane 5.9SX	1.007	691
		RS 300	1000	Boss	847	Formula 18	1.005	689
				RS 800	822	Hurricane 5.9 Sport	0.997	684
				B14	874	Formula 16 Cat Boat	0.982	674
				International 14	840	A Class	0.979	672
		All Boards	972	49er	744	Nacra 6.0	0.978	671
						Formula 20	0.950	652
						Topaz 14 CX	1.350	926
						Topaz 16 CX	1.250	858

Document Owner - Keith Appleby - Results Co-ordinator.

Issue B 11 March 2010.

Appendix B – Version History Log

Date	Comments	Scribe & Documentation Control
	For queries re the content of the SI's please refer to the SC.	John Poulson 01335 324448
	Any amendments from a previous issue of these SI's will be shown in red for easy attention.	
31/3/2010	New document for 2010	Issue 1
07/4/2010	Rule 15.1 amended for DSQ(A) & 11.5 clarified.	Issue 2