

# **CARSINGTON SAILING CLUB LTD**

## **Club Race Sailing Instructions**

**Valid from 27/10/2007**

### **1 Governing Bodies**

- 1.1 All Club Racing, officials and competitors shall be governed by the **Rules** defined in the **Current Racing Rules of Sailing (RRS) including Addendum A (RYA)**, except as shall be modified by these **Sailing Instructions**, the **Rules of Carsington Sailing Club Ltd**, the **Rules of the appropriate Classes** and the requirements of **Severn Trent Water Plc**.
- 1.2 Any procedures **NOT** covered by these **Sailing Instructions** will be carried out in accordance with the procedures defined in the **Current Racing Rules of Sailing**.
- 1.3 Any Disputes under the Current Racing Rules of Sailing including Addendum A as modified by these Sailing Instructions shall be settled using the RYA Procedure for Rules Disputes.

### **2 Entries**

#### **2.1 General**

The safety of a boat, crew and her entire management including insurance, shall be the sole responsibility of the owner / person in charge, who must ensure that the boat and crew are adequate to face the conditions that may arise during the course of the race. Neither these **Sailing Instructions**, nor any inspection of the boat limits or reduces the absolute responsibility for any loss, damage, death or personal injury howsoever caused to or by the owner / person in charge or crew, as a result of taking part in a race or races. Moreover, every owner / person in charge warrants the suitability of their boat for the race or races. The boat shall have current 3<sup>rd</sup> party insurance of not less than **£2 million**.

#### **2.2 Signing Off**

A declaration sheet in the Clubhouse shall only be signed by the person in charge of the boat, if it is necessary to state that the boat was **not** fairly raced within the **Rules**, the **Current Racing Rules of Sailing (RRS)**, these **Sailing Instructions**, or has not completed the set course correctly, or has retired, or is protesting, and / or is requesting redress. This shall be within:- for **CRUISERS, 90 minutes**, for **ALL OTHER BOATS, 40 minutes**, of the last boat's finishing time in the race. Should races be sailed back-to-back, then the time limit shall be from the last boat's finishing time of the last race.

#### **2.3 Valid Race**

The minimum number of starters of each Fleet to constitute a **Valid Race** shall be **2 (two)**.

#### **2.4 Measurement / Certificates**

A boat may be required to present her **valid** measurement certificate and / or racing certificate upon request by the Race Committee. Boats may be measured before or after any race at the sole discretion of the Race Committee.

## 2.5 Distinguishing Numbers

Boats shall display their Class boat number on their sail. In exceptional circumstances the Race Committee **may** accept written applications to use another distinguishing number on a sail as prescribed in **RRS Appendix G**. This modifies **RRS 77**.

## 2.6 Personal Buoyancy

**With the exception of windsurfers, all persons at all times when on the water shall wear correctly adjusted and properly secured adequate personal buoyancy.** Wet and / or dry suits alone are **NOT** regarded as adequate personal buoyancy. If worn, **Auto-inflation lifejackets MUST** be on the **OUTSIDE** of all clothing. This modifies **RRS 40**.

## 2.7 Protective Clothing

Protective clothing shall be worn in accordance with **Club Rule 7.4**.

## 2.8 Radio Communication

A boat shall neither make nor receive radio communications whilst racing. This restriction also applies to mobile phones etc.

## 3 Notices to Competitors

- 3.1 Notices to competitors will be posted on the official Race Notice Board located in the Clubhouse.

## 4 Signals Made Ashore

- 4.1 These will be displayed on the Clubhouse flagpole that is situated at the South West corner of the front patio area of the Clubhouse.
- 4.2 **I C Flag “AP”** (Answering Pennant) displayed with **2** sound signals means “the current race is postponed” to be sailed later. The first warning signal for the start of the race will be made not less than **20 minutes** after the **I C Flag “AP”** is removed, (**1** sound signal).

## 5 Temporary Changes to Sailing Instructions

- 5.1 Any temporary changes to these **Sailing Instructions** will be posted on the official Race Notice Board **45 minutes** before the designated starting time of the race or races concerned. **I C Flag “L”** will be displayed on the Club flagpole.

## 6 Schedule of Races

- 6.1 The **Schedule and Starting Times of Races** will be as published in the Club Annual Race Programme. This modifies **RRS A1**.

## 7 Start Flags and Starting Order of Fleets

7.1 These will be:-

### **All Sunday Series & Frostbite Series**

Red & Pale Blue      Fast Handicap/Catamaran Fleets  
Yellow & Green      Slow / Medium Handicap / Youth / Sailboard Fleets

### **Cruisers – All Series**

White

## 8 Course Safety Instructions

- 8.1 The Course area shall be all of the Sailing area of the reservoir except for the **OUT OF BOUNDS** areas that are marked by orange buoys.
- 8.2 The **OUT OF BOUNDS** areas are at the Northern, Eastern (Diving Area) and Southern (adjacent to the tower) ends of the lake and it shall be **prohibited** to sail in these areas **at all times**.
- 8.3 Extra care should be taken in multi-user areas shared with Carsington Water Sports Centre. Craft from the Centre may be crewed by persons with **no knowledge of collision and avoidance rules**. Boats shall keep clear of these craft at all times. These craft shall be designated an **“obstruction”** as defined in **RRS definitions**.
- 8.4 When **I C Flag “A”** is displayed on the orange buoys marking the diving area, this indicates that divers are active. **Please keep clear**.
- 8.5 **NO spinnaker** shall be flown in the **“Bay Area”**. Whilst **I C Flag “E”** is displayed on the Clubhouse flagpole, this Sailing Instruction is overruled. Any boat/s breaking this SI may be disqualified without a hearing.

## 9 The Course

- 9.1 The Course to be sailed will be indicated by numbers / letters corresponding to the racing **Marks**. **ALL MARKS ARE DESIGNATED AS ROUNDING MARKS.**
- 9.2 The order and side of which **Marks** are to be left, will be shown on the **Committee Boat** or Race **Control Box** as **NUMBERS / LETTERS ON A RED BACKGROUND** (to signify rounding the mark to Port) and **NUMBERS / LETTERS ON A GREEN BACKGROUND** (to signify rounding the mark to Starboard).
- 9.3 If a **Gate** is used in the Course, this will be indicated by the letter **G** and all boats shall pass through it on each lap of the Course. Having rounded the first mark of the Course, any boat passing through the Gate in the direction contrary to that indicated by the Course shall be disqualified.
- 9.4 All Courses started from the **Race Control Box** will use a **Start / Finish / Gate Mark**.
- 9.5 Any map of the Course indicated on the official Race Notice Board is for **information only** and does not have any status within these Rules. Actual Courses to be sailed are as shown on the **Committee Boat / Race Control Box** Course Board.

## 10 Marks

10.1 <b>Marks</b> fixed	Orange Buoys Numbered <b>0 – 9</b> inclusive
<b>Marks</b> moveable	Orange “Dan Buoy” displaying an <b>X</b> or <b>Y</b> flag
Inner Limit <b>Marks</b> (if laid)	Orange “Dan Buoy” displaying a <b>Green</b> flag
Outer Distance / <b>Start / Finish / Gate Mark</b>	Orange “Dan Buoy” displaying a <b>Red Flag</b>

## 11 The Start

11.1 An **Orange Flag** displayed on a mast on either the **Committee Boat** or the **Race Control Box** signifies that the Race Officer is in position at the **Start Line**.

11.2 Racing signals will be made at **3-minute** intervals (timing is 6,3,go). This modifies **RRS 26**.

Warning signal (6 mins)	Fleet flag displayed, 1 sound signal
Preparatory signal (3 mins)	Flag “P” displayed, 1 sound signal
Starting Signal (0 mins)	Flags removed, 1 sound signal <b>(except as in Sailing Instruction 11.3)</b>

11.3 **IC Flag “P”** will be left displayed until the last Fleet starts. The warning signal for each succeeding Fleet will be displayed at the same time as the preparatory signal of the preceding Fleet, **(except as in Sailing Instruction 11.8)**. This modifies **RRS 26**.

11.4 The Starting Line will be:--

### For Committee Boat Start

between a mast displaying an **Orange Flag** on the **Committee Boat** and an Outer Distance **Mark** (start) (as defined in **Sailing Instruction 10**). An Inner Limit **Mark** may also be used.

### For Race Control Box Start

between an **Orange Mast** in front of the **Race Control Box** and an Outer Distance **Mark** (start) (as defined in **Sailing Instruction 10**). An Inner Limit **Mark** may also be used.

## 11.5 **Limit Marks**

If Inner Limit **Marks** are used (as defined in **Sailing Instruction 10**), these are designated as **Marks** of the Course. Boats shall not sail or manoeuvre in the area between an Inner Limit **Mark** and the **Committee Boat** or **Race Control Box** after the first warning signal of the starting sequence.

11.6 Boats whose preparatory signal has not been made shall not interfere with boats that have started or are preparing to start.

11.7 The **Start Gate** will be closed **6 minutes** after the last **Start** in the sequence, including General Recalls if any, and will be signalled by removing the **Orange Flag** (**No** sound signal). **No** boat shall start later than **6 minutes** after the last start in the sequence.

11.8 When a **General Recall** is signalled for a Fleet, that Fleet’s **New Warning** signal will be at the **same time** as the **starting signal** of the last Fleet in the sequence, and the Fleet flag will be displayed. In the case of multiple recalls, the offending Fleets **will start in the normal starting sequence timing** (6,3,GO), **after** the last Fleet start in the original sequence and **after** any successive Recall starts. This will be **1 minute** after the **IC Flag “First Substitute”** is removed. This modifies **RRS 29.2**.

11.9 There will be **NO** change of course after the start. This modifies **RRS 33**.

## 12 The Finish

12.1 The “**About to Finish Signal**” will be indicated by a **Blue Flag** displayed on a mast on the **Committee Boat** or **Race Control Box**, with **2 sound signals**, and **all boats** passing through the **Gate / Finish** after this signal, (**irrespective of the number of laps completed**) will be **finished**. This modifies **RRS “Race Signals”**.

12.2 The **Finish** Line will be:--

### For Committee Boat Finish

between a mast displaying a **Blue Flag** on the **Committee Boat** and the **Start / Gate** or a **Rounding Mark** as the Outer **Finish Mark** (as defined in **Sailing Instruction 10**).

### For Race Control Box Finish

between a **Orange Mast** on the **Race Control Box** and the **Start / Gate / Mark** as the Outer **Finish Mark** (as defined in **Sailing Instruction 10**).

12.3 All boats having finished shall **keep clear** of boats still racing.

12.4 The **Race duration** from the **first (non-recalled) start** will be **approximately 60 minutes** (at the **Race Officer’s discretion**).

## 13 Time Limit

13.1 The **Time Limit** of the Race will be **90 minutes** for all Fleets. When the leading boat of each Fleet finishes within the **Time Limit**, the race will be valid for those boats finishing within **45 minutes** of the finishing time of the first boat in each Fleet or within the **Time Limit**, whichever is the later. Other boats will be scored “**Did Not Finish**” (**DNF**). This modifies **RRS 35**.

## 14 Advisory Hearing/ Arbitration/Protests / Redress

14.1 The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures are available prior to lodging a formal Protest required for an Arbitration Hearing or a Protest Hearing. **See Official Notice Board for details. Requests for an Advisory Hearing** shall be orally to the Race Officer within **60 minutes** of the time of the last boat to finish in the Race. If races are sailed back to back, then the time limit commences from the time of the last boat to finish in the last Race.

14.2 **Requests for Arbitration/ Protests** and / or **Requests for Redress** shall be in writing and delivered to the Club Office within **60 minutes** of the time of the last boat to finish in the Race. If races are sailed back to back, then the time limit commences from the time of the last boat to finish in the last Race.

14.3 Notices will be posted on the official Race Notice Board specifying the time and place of the hearing/s.

14.4 **ALL** competitors **MUST hail and display** a protest flag (**B**), **AT THE FIRST REASONABLE OPPORTUNITY AFTER THE INCIDENT**. This modifies **RRS 61.1a**.

14.5 As provided in **RRS 67**, the Protest Committee may, without a hearing, penalize a boat that has broken **RRS 42**.

## 15 **Scoring**

### 15.1 **Scoring and Abbreviations**

<b>XPA = Finishing position plus 20% of Race Entry (refer RRS 44.3 (c))</b>	(Exoneration Penalty Accepted)
<b>DNC = DNS = Race Series Entry +2</b>	(Did not compete / start)
<b>RTD = DNF = Race Entry +1</b>	(Retired / Did not finish)
<b>OCS = Race Entry +4</b>	(On course side at start)
<b>RAF = Race Entry +5</b>	(Retired after finishing)
<b>FTS = Race Entry +5</b>	(Failed to sign off)
<b>DSQ = DNE = Race Series Entry +10</b>	(Disqualified / Not excludable)

**(Other Penalties, as the Protest Committee decide)**  
This modifies **RRS Appendix A – Scoring**.

15.2 The number of Races sailed by each boat to qualify for a series shall be: **“half the number of valid Races sailed plus one”**.

15.3 Handicap Races will be decided by the **“Time and Distance Scheme”**, and by the **“Basic Average Lap Time Method”**.

15.4 Any boat wishing to claim a modified **P Y** for whatever reason, **MUST** notify the Sailing Secretary **IN WRITING**, for authorisation **BEFORE** each series starts, and maintain that configuration for the whole of that series. Any unauthorised change shall be considered a breach of **RRS 69**. **The Sailing Committees decision will be final in re-allocating modified P Y’s**.

15.5 Average Points will be awarded for the same day’s Race/s as the Safety / Race Officer / Time Keeper duties are undertaken. Average points (equal to the average points for all valid races entered by the duty person in that series), will only be awarded for a maximum of **TWO** days in that series.

N.B. Duty officers wishing to claim Average Points must record their names and boat number on the race result data sheets.

## 16 **Prizes**

16.1 Prizes will be awarded at the discretion of the Sailing Committee.

## 17 **Permanent Changes to Sailing Instructions**

17.1 Any proposed permanent changes to these **Sailing Instructions**, shall be submitted in writing to the Sailing Committee for approval. Any permanent changes to these **Sailing Instructions** will be posted on the official Race Notice Board **14 days** prior to the change taking effect.

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